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POLESTAR® PILATES ESSENTIALS FOR PROFESSIONAL
DEVELOPMENT

Katia Brin

HAS SUCCESSFULLY REQUALIFIED FOR

Pilates Mat

VALID THROUGH THE 31ST OF DECEMBER 2025

Brent D. Anderson, PhD, PT, OCS, NCPT

Founder and President, POLESTAR®

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Congratulations on requalifying with Polestar!

Remember to Stay Current:

- Attend conferences and workshops.
- Support your local and national Pilates and professional organizations.

Sincerely,
Polestar Education